



MARATONA DE PORTUGAL

Porto.



18ª Maratona do Porto

• 06 NOV 2022 •



maratonadoporto.com

Diploma

RICARDO SEARA

Race number: 5010 | Gender: M

Nationality: PORTUGAL

Club: HCT RUNNING TEAM

Place: 1828

Age Group: M45

Place Age Group: 353

Time (iliquid): 4:16:09

Pace: 0:06:04

Time (liquid): 4:14:55

Check-Point nº 1 - 10K: 0:57:57

Check-Point nº 2 - 19.4K: 1:51:35

Check-Point nº 3 - 20K: 1:55:06

Check-Point nº 4 - 20.2K: 1:56:07

Check-Point nº 5 - MM: 2:01:05

Check-Point nº 6 - 30K: 2:55:50

Check-Point nº 7 - 40K: 4:00:47

Check-Point nº 8 - 41.1K: 4:09:03

