



MARATONA DE PORTUGAL

Porto.



edp

18ª Maratona do Porto

• 06 NOV 2022 •



maratonadoporto.com

Diploma

HELDER FILIPE SILVA

Race number: 5839 | Gender: M

Nationality: PORTUGAL

Club: OZ RUNNINGTEAM

Place: 2022

Age Group: M35

Place Age Group: 260

Time (iliquid): 4:26:10

Pace: 0:06:16

Time (liquid): 4:23:39

Check-Point nº 1 - 10K: 0:59:11

Check-Point nº 2 - 19.4K: 1:50:34

Check-Point nº 3 - 20K: 1:53:47

Check-Point nº 4 - 20.2K: 1:54:45

Check-Point nº 5 - MM: 1:59:18

Check-Point nº 6 - 30K: 2:54:55

Check-Point nº 7 - 40K: 4:14:22

Check-Point nº 8 - 41.1K: 4:20:42

