



**YOU WILL NEVER RUN ALONE**

Diploma

**JOSÉ ABREU**

Race number: 5539 | Gender: M

Nationality: PORTUGAL

Club:

Place: 2509

Age Group: M40

Place Age Group: 347

Time (iliquid): 4:26:22

Pace: 0:06:16

Time (liquid): 4:23:52

Check-Point nº 1 - 5k: 0:31:56

Check-Point nº 2 - 10k: 1:00:07

Check-Point nº 3 - 15k: 1:29:10

Check-Point nº 4 - 19.4k: 1:54:34

Check-Point nº 5 - 20k: 1:58:02

Check-Point nº 6 - 20.2k: 1:59:02

Check-Point nº 7 - MM: 2:04:19

Check-Point nº 8 - 25k: 2:26:42

Check-Point nº 9 - 25.2k: 2:27:43

Check-Point nº 10 - 30k: 2:57:02

Check-Point nº 11 - 35k: 3:30:22

Check-Point nº 12 - 40k: 4:08:39

Check-Point nº 13 - 41.1k: 4:18:04