



**YOU WILL NEVER RUN ALONE**

Diploma

**PAULO FRANCISCO**

Race number: 5608 | Gender: M

Nationality: PORTUGAL

Club:

Place: 3665

Age Group: M45

Place Age Group: 493

Time (iliquid): 5:43:25

Pace: 0:08:05

Time (liquid): 5:39:50

Check-Point nº 1 - 5k: 0:36:34

Check-Point nº 2 - 10k: 1:09:16

Check-Point nº 3 - 15k: 1:42:37

Check-Point nº 4 - 19.4k: 2:12:08

Check-Point nº 5 - 20k: 2:16:20

Check-Point nº 6 - 20.2k: 2:17:37

Check-Point nº 7 - MM: 2:23:57

Check-Point nº 8 - 25k: 2:52:56

Check-Point nº 9 - 25.2k: 2:55:03

Check-Point nº 10 - 30k: 3:37:05

Check-Point nº 11 - 35k: 4:26:26

Check-Point nº 12 - 40k: 5:22:14

Check-Point nº 13 - 41.1k: 5:34:40