



**YOU WILL NEVER RUN ALONE**

Diploma

**IAN CHAPMAN**

Race number: 2751 | Gender: M  
Nationality: UNITED KINGDOM  
Club: CROSSGATES HARRIERS

Place: 1271      Age Group: M45      Place Age Group: 210

|                                    |                                  |                                   |
|------------------------------------|----------------------------------|-----------------------------------|
| Time (iliquid): 3:48:09            | Pace: 0:05:23                    | Time (liquid): 3:46:17            |
| Check-Point nº 1 - 5k: 0:27:38     | Check-Point nº 2 - 10k: 0:53:32  | Check-Point nº 3 - 15k: 1:19:39   |
| Check-Point nº 4 - 19.4k: 1:41:35  | Check-Point nº 5 - 20k: 1:44:30  | Check-Point nº 6 - 20.2k: 1:45:24 |
| Check-Point nº 7 - MM: 1:49:51     | Check-Point nº 8 - 25k: 2:09:29  | Check-Point nº 9 - 25.2k: 2:10:32 |
| Check-Point nº 10 - 30k: 2:35:55   | Check-Point nº 11 - 35k: 3:04:48 | Check-Point nº 12 - 40k: 3:35:34  |
| Check-Point nº 13 - 41.1k: 3:42:25 |                                  |                                   |