



YOU WILL NEVER RUN ALONE

Diploma

JOSÉ ALVES

Race number: 681 | Gender: M
Nationality: PORTUGAL
Club: KILOSMODA - SILVA & BARROSO

Place: 469

Age Group: M55

Place Age Group: 24

Time (iliquid): 3:21:24

Pace: 0:04:47

Time (liquid): 3:21:13

Check-Point nº 1 - 5k: 0:23:47

Check-Point nº 2 - 10k: 0:46:37

Check-Point nº 3 - 15k: 1:09:25

Check-Point nº 4 - 19.4k: 1:29:32

Check-Point nº 5 - 20k: 1:32:20

Check-Point nº 6 - 20.2k: 1:33:08

Check-Point nº 7 - MM: 1:37:26

Check-Point nº 8 - 25k: 1:55:56

Check-Point nº 9 - 25.2k: 1:56:49

Check-Point nº 10 - 30k: 2:20:04

Check-Point nº 11 - 35k: 2:44:34

Check-Point nº 12 - 40k: 3:10:30

Check-Point nº 13 - 41.1k: 3:16:18