



**YOU WILL NEVER RUN ALONE**

Diploma

**NUNO RAMOS**

Race number: 685 | Gender: M  
Nationality: PORTUGAL  
Club: A.D. ACTIVE RUNNING

Place: 143      Age Group: M45      Place Age Group: 24

Time (iliquid): 2:58:47	Pace: 0:04:14	Time (liquid): 2:57:53
Check-Point nº 1 - 5k: 0:21:58	Check-Point nº 2 - 10k: 0:42:44	Check-Point nº 3 - 15k: 1:03:47
Check-Point nº 4 - 19.4k: 1:21:59	Check-Point nº 5 - 20k: 1:24:26	Check-Point nº 6 - 20.2k: 1:25:08
Check-Point nº 7 - MM: 1:29:03	Check-Point nº 8 - 25k: 1:45:37	Check-Point nº 9 - 25.2k: 1:46:19
Check-Point nº 10 - 30k: 2:06:57	Check-Point nº 11 - 35k: 2:27:47	Check-Point nº 12 - 40k: 2:49:38
Check-Point nº 13 - 41.1k: 2:54:32		