



YOU WILL NEVER RUN ALONE

Diploma

ANTÓNIO MONTEIRO

Race number: 5772 | Gender: M

Nationality: PORTUGAL

Club:

Place: 2155

Age Group: M50

Place Age Group: 265

Time (iliquid): 4:15:11

Pace: 0:06:02

Time (liquid): 4:13:40

Check-Point nº 1 - 5k: 0:29:29

Check-Point nº 2 - 10k: 0:57:17

Check-Point nº 3 - 15k: 1:25:24

Check-Point nº 4 - 19.4k: 1:50:08

Check-Point nº 5 - 20k: 1:53:36

Check-Point nº 6 - 20.2k: 1:54:35

Check-Point nº 7 - MM: 1:59:50

Check-Point nº 8 - 25k: 2:22:02

Check-Point nº 9 - 25.2k: 2:23:02

Check-Point nº 10 - 30k: 2:51:11

Check-Point nº 11 - 35k: 3:23:09

Check-Point nº 12 - 40k: 3:58:47

Check-Point nº 13 - 41.1k: 4:07:29