



**YOU WILL NEVER RUN ALONE**

Diploma

**JOAQUIM FERREIRA**

Race number: 2981 | Gender: M  
Nationality: PORTUGAL  
Club: A.C. VERMOIM

Place: 2132      Age Group: M60      Place Age Group: 63

Time (iliquid): 4:14:24	Pace: 0:05:59	Time (liquid): 4:11:46
Check-Point nº 1 - 5k: 0:33:27	Check-Point nº 2 - 10k: 1:02:20	Check-Point nº 3 - 15k: 1:31:53
Check-Point nº 4 - 19.4k: 1:58:19	Check-Point nº 5 - 20k: 2:01:54	Check-Point nº 6 - 20.2k: 2:03:01
Check-Point nº 7 - MM: 2:08:34	Check-Point nº 8 - 25k: 2:31:44	Check-Point nº 9 - 25.2k: 2:32:57
Check-Point nº 10 - 30k: 3:02:16	Check-Point nº 11 - 35k: 3:31:03	Check-Point nº 12 - 40k: 4:01:40
Check-Point nº 13 - 41.1k: 4:08:43		