



YOU WILL NEVER RUN ALONE

Diploma

MIGUEL FERREIRA

Race number: 780 | Gender: M

Nationality: PORTUGAL

Club:

Place: 660

Age Group: M50

Place Age Group: 86

Time (iliquid): 3:29:58

Pace: 0:04:57

Time (liquid): 3:28:34

Check-Point nº 1 - 5k: 0:25:45

Check-Point nº 2 - 10k: 0:49:57

Check-Point nº 3 - 15k: 1:14:21

Check-Point nº 4 - 19.4k: 1:35:59

Check-Point nº 5 - 20k: 1:38:59

Check-Point nº 6 - 20.2k: 1:39:49

Check-Point nº 7 - MM: 1:44:15

Check-Point nº 8 - 25k: 2:03:31

Check-Point nº 9 - 25.2k: 2:04:25

Check-Point nº 10 - 30k: 2:28:14

Check-Point nº 11 - 35k: 2:52:43

Check-Point nº 12 - 40k: 3:18:29

Check-Point nº 13 - 41.1k: 3:24:34