



**YOU WILL NEVER RUN ALONE**

Diploma

**ANABELA ALMEIDA**

Race number: 3051 | Gender: F  
Nationality: PORTUGAL  
Club:

Place: 931      Age Group: F50      Place Age Group: 10

Time (iliquid): 3:39:00	Pace: 0:05:10	Time (liquid): 3:37:33
Check-Point nº 1 - 5k: 0:27:28	Check-Point nº 2 - 10k: 0:52:40	Check-Point nº 3 - 15k: 1:17:56
Check-Point nº 4 - 19.4k: 1:40:09	Check-Point nº 5 - 20k: 1:43:09	Check-Point nº 6 - 20.2k: 1:44:12
Check-Point nº 7 - MM: 1:48:50	Check-Point nº 8 - 25k: 2:08:46	Check-Point nº 9 - 25.2k: 2:09:42
Check-Point nº 10 - 30k: 2:34:51	Check-Point nº 11 - 35k: 3:01:04	Check-Point nº 12 - 40k: 3:27:26
Check-Point nº 13 - 41.1k: 3:33:33		