



YOU WILL NEVER RUN ALONE

Diploma

RUI CASTRO

Race number: 5982 | Gender: M

Nationality: PORTUGAL

Club:

Place: 3479

Age Group: M20

Place Age Group: 749

Time (iliquid): 5:18:13

Pace: 0:07:26

Time (liquid): 5:12:43

Check-Point nº 1 - 5k: 0:31:36

Check-Point nº 2 - 10k: 0:58:30

Check-Point nº 3 - 15k: 1:25:36

Check-Point nº 4 - 19.4k: 1:50:19

Check-Point nº 5 - 20k: 1:53:55

Check-Point nº 6 - 20.2k: 1:55:19

Check-Point nº 7 - MM: 2:00:55

Check-Point nº 8 - 25k: 2:28:15

Check-Point nº 9 - 25.2k: 2:30:15

Check-Point nº 10 - 30k: 3:09:00

Check-Point nº 11 - 35k: 4:03:29

Check-Point nº 12 - 40k: 5:00:40

Check-Point nº 13 - 41.1k: 5:11:16