



YOU WILL NEVER RUN ALONE

Diploma

MARCO NICOLAU

Race number: 3020 | Gender: M
Nationality: PORTUGAL
Club: PHOENIX EVORUN

Place: 908 Age Group: M40 Place Age Group: 157

Time (iliquid): 3:38:23	Pace: 0:05:09	Time (liquid): 3:36:20
Check-Point nº 1 - 5k: 0:27:00	Check-Point nº 2 - 10k: 0:51:44	Check-Point nº 3 - 15k: 1:16:29
Check-Point nº 4 - 19.4k: 1:38:25	Check-Point nº 5 - 20k: 1:41:25	Check-Point nº 6 - 20.2k: 1:42:16
Check-Point nº 7 - MM: 1:46:54	Check-Point nº 8 - 25k: 2:06:45	Check-Point nº 9 - 25.2k: 2:07:41
Check-Point nº 10 - 30k: 2:33:11	Check-Point nº 11 - 35k: 2:59:34	Check-Point nº 12 - 40k: 3:27:19
Check-Point nº 13 - 41.1k: 3:33:36		