



YOU WILL NEVER RUN ALONE

Diploma

ANTÓNIO SOUSA

Race number: 884 | Gender: M
Nationality: PORTUGAL
Club: LOUSADA RUNNERS

Place: 1114 Age Group: M65 Place Age Group: 12

Time (iliquid): 3:44:00	Pace: 0:05:19	Time (liquid): 3:43:41
Check-Point nº 1 - 5k: 0:24:52	Check-Point nº 2 - 10k: 0:49:52	Check-Point nº 3 - 15k: 1:14:35
Check-Point nº 4 - 19.4k: 1:36:26	Check-Point nº 5 - 20k: 1:39:27	Check-Point nº 6 - 20.2k: 1:40:19
Check-Point nº 7 - MM: 1:44:58	Check-Point nº 8 - 25k: 2:04:29	Check-Point nº 9 - 25.2k: 2:05:21
Check-Point nº 10 - 30k: 2:30:08	Check-Point nº 11 - 35k: 2:57:31	Check-Point nº 12 - 40k: 3:28:51
Check-Point nº 13 - 41.1k: 3:36:40		