



**YOU WILL NEVER RUN ALONE**

Diploma

**MANUEL MOREIRA**

Race number: 912 | Gender: M

Nationality: PORTUGAL

Club:

Place: 622

Age Group: M50

Place Age Group: 81

Time (iliquid): 3:28:30

Pace: 0:04:57

Time (liquid): 3:28:15

Check-Point nº 1 - 5k: 0:24:01

Check-Point nº 2 - 10k: 0:47:12

Check-Point nº 3 - 15k: 1:11:04

Check-Point nº 4 - 19.4k: 1:32:15

Check-Point nº 5 - 20k: 1:35:09

Check-Point nº 6 - 20.2k: 1:36:05

Check-Point nº 7 - MM: 1:40:40

Check-Point nº 8 - 25k: 1:59:46

Check-Point nº 9 - 25.2k: 2:00:40

Check-Point nº 10 - 30k: 2:24:41

Check-Point nº 11 - 35k: 2:50:27

Check-Point nº 12 - 40k: 3:17:01

Check-Point nº 13 - 41.1k: 3:23:21