



YOU WILL NEVER RUN ALONE

Diploma

DUARTE LEDO

Race number: 6066 | Gender: M
Nationality: PORTUGAL
Club: VALVERDE CROSSFIT RUN

Place: 920 Age Group: M35 Place Age Group: 148

Time (iliquid): 3:38:39	Pace: 0:05:07	Time (liquid): 3:35:04
Check-Point nº 1 - 5k: 0:29:54	Check-Point nº 2 - 10k: 0:55:23	Check-Point nº 3 - 15k: 1:20:34
Check-Point nº 4 - 19.4k: 1:42:26	Check-Point nº 5 - 20k: 1:45:25	Check-Point nº 6 - 20.2k: 1:46:24
Check-Point nº 7 - MM: 1:50:52	Check-Point nº 8 - 25k: 2:10:03	Check-Point nº 9 - 25.2k: 2:11:03
Check-Point nº 10 - 30k: 2:35:29	Check-Point nº 11 - 35k: 3:01:32	Check-Point nº 12 - 40k: 3:27:11
Check-Point nº 13 - 41.1k: 3:33:22		