



**YOU WILL NEVER RUN ALONE**

Diploma

**RICARDO RAMOS**

Race number: 6111 | Gender: M

Nationality: PORTUGAL

Club:

Place: 3014

Age Group: M20

Place Age Group: 652

Time (iliquid): 4:45:22

Pace: 0:06:43

Time (liquid): 4:42:28

Check-Point nº 1 - 5k: 0:34:04

Check-Point nº 2 - 10k: 1:04:30

Check-Point nº 3 - 15k: 1:34:54

Check-Point nº 4 - 19.4k: 2:01:37

Check-Point nº 5 - 20k: 2:05:20

Check-Point nº 6 - 20.2k: 2:06:25

Check-Point nº 7 - MM: 2:11:59

Check-Point nº 8 - 25k: 2:36:57

Check-Point nº 9 - 25.2k: 2:38:03

Check-Point nº 10 - 30k: 3:11:49

Check-Point nº 11 - 35k: 3:47:31

Check-Point nº 12 - 40k: 4:29:06

Check-Point nº 13 - 41.1k: 4:37:43