



YOU WILL NEVER RUN ALONE

Diploma

PAULO CARVALHO

Race number: 3212 | Gender: M
Nationality: PORTUGAL
Club: PCARVALHO

Place: 874 Age Group: M20 Place Age Group: 199

Time (iliquid): 3:37:06	Pace: 0:05:09	Time (liquid): 3:36:27
Check-Point nº 1 - 5k: 0:24:31	Check-Point nº 2 - 10k: 0:48:43	Check-Point nº 3 - 15k: 1:13:04
Check-Point nº 4 - 19.4k: 1:34:26	Check-Point nº 5 - 20k: 1:37:24	Check-Point nº 6 - 20.2k: 1:38:16
Check-Point nº 7 - MM: 1:42:54	Check-Point nº 8 - 25k: 2:03:12	Check-Point nº 9 - 25.2k: 2:04:41
Check-Point nº 10 - 30k: 2:30:17	Check-Point nº 11 - 35k: 2:56:26	Check-Point nº 12 - 40k: 3:24:31
Check-Point nº 13 - 41.1k: 3:31:15		