



**YOU WILL NEVER RUN ALONE**

Diploma

**RUI FERREIRA**

Race number: 6167 | Gender: M

Nationality: PORTUGAL

Club:

Place: 524

Age Group: M45

Place Age Group: 85

Time (iliquid): 3:24:05

Pace: 0:04:47

Time (liquid): 3:21:13

Check-Point nº 1 - 5k: 0:28:07

Check-Point nº 2 - 10k: 0:51:48

Check-Point nº 3 - 15k: 1:14:38

Check-Point nº 4 - 19.4k: 1:34:29

Check-Point nº 5 - 20k: 1:37:14

Check-Point nº 6 - 20.2k: 1:38:04

Check-Point nº 7 - MM: 1:42:20

Check-Point nº 8 - 25k: 2:00:50

Check-Point nº 9 - 25.2k: 2:01:40

Check-Point nº 10 - 30k: 2:24:28

Check-Point nº 11 - 35k: 2:48:18

Check-Point nº 12 - 40k: 3:13:08

Check-Point nº 13 - 41.1k: 3:19:07