



**YOU WILL NEVER RUN ALONE**

Diploma

**JOSÉ CARLOS VIEIRA FONSECA**

Race number: 1115 | Gender: M  
Nationality: PORTUGAL  
Club: JOMI RUNNERS

Place: 1737      Age Group: M35      Place Age Group: 254

Time (iliquid): 4:00:18	Pace: 0:05:42	Time (liquid): 3:59:55
Check-Point nº 1 - 5k: 0:27:31	Check-Point nº 2 - 10k: 0:54:54	Check-Point nº 3 - 15k: 1:21:05
Check-Point nº 4 - 19.4k: 1:44:08	Check-Point nº 5 - 20k: 1:47:11	Check-Point nº 6 - 20.2k: 1:48:07
Check-Point nº 7 - MM: 1:52:55	Check-Point nº 8 - 25k: 2:13:35	Check-Point nº 9 - 25.2k: 2:14:34
Check-Point nº 10 - 30k: 2:41:25	Check-Point nº 11 - 35k: 3:12:13	Check-Point nº 12 - 40k: 3:47:34
Check-Point nº 13 - 41.1k: 3:54:52		