



YOU WILL NEVER RUN ALONE

Diploma

GUIDO POL

Race number: 8051 | Gender: M

Nationality: NETHERLANDS

Club:

Place: 2231

Age Group: M50

Place Age Group: 276

Time (iliquid): 4:17:26

Pace: 0:06:04

Time (liquid): 4:15:27

Check-Point nº 1 - 5k: 0:29:06

Check-Point nº 2 - 10k: 0:55:49

Check-Point nº 3 - 15k: 1:22:27

Check-Point nº 4 - 19.4k: 1:46:30

Check-Point nº 5 - 20k: 1:49:49

Check-Point nº 6 - 20.2k: 1:51:07

Check-Point nº 7 - MM: 1:56:46

Check-Point nº 8 - 25k: 2:19:13

Check-Point nº 9 - 25.2k: 2:20:45

Check-Point nº 10 - 30k: 2:51:14

Check-Point nº 11 - 35k: 3:25:54

Check-Point nº 12 - 40k: 4:01:39

Check-Point nº 13 - 41.1k: 4:10:04