



YOU WILL NEVER RUN ALONE

Diploma

IWONA CIESLA

Race number: 8608 | Gender: F

Nationality: POLAND

Club:

Place: 1377

Age Group: F45

Place Age Group: 19

Time (iliquid): 3:51:17

Pace: 0:05:27

Time (liquid): 3:49:01

Check-Point nº 1 - 5k: 0:29:09

Check-Point nº 2 - 10k: 0:55:29

Check-Point nº 3 - 15k: 1:21:36

Check-Point nº 4 - 19.4k: 1:44:28

Check-Point nº 5 - 20k: 1:47:35

Check-Point nº 6 - 20.2k: 1:48:30

Check-Point nº 7 - MM: 1:53:23

Check-Point nº 8 - 25k: 2:14:23

Check-Point nº 9 - 25.2k: 2:15:17

Check-Point nº 10 - 30k: 2:41:52

Check-Point nº 11 - 35k: 3:09:34

Check-Point nº 12 - 40k: 3:38:37

Check-Point nº 13 - 41.1k: 3:45:19