



**YOU WILL NEVER RUN ALONE**

Diploma

**ROGER ISON**

Race number: 8634 | Gender: M

Nationality: CANADA

Club:

Place: 3444

Age Group: M65

Place Age Group: 53

Time (iliquid): 5:14:29

Pace: 0:07:26

Time (liquid): 5:12:42

Check-Point nº 1 - 5k: 0:28:40

Check-Point nº 2 - 10k: 0:54:37

Check-Point nº 3 - 15k: 1:22:42

Check-Point nº 4 - 19.4k: 1:49:35

Check-Point nº 5 - 20k: 1:53:44

Check-Point nº 6 - 20.2k: 1:55:18

Check-Point nº 7 - MM: 2:02:26

Check-Point nº 8 - 25k: 2:29:27

Check-Point nº 9 - 25.2k: 2:31:13

Check-Point nº 10 - 30k: 3:17:24

Check-Point nº 11 - 35k: 4:05:40

Check-Point nº 12 - 40k: 4:52:33

Check-Point nº 13 - 41.1k: 5:04:19