



**YOU WILL NEVER RUN ALONE**

Diploma

**MIGUEL DIAS**

Race number: 3413 | Gender: M

Nationality: PORTUGAL

Club:

Place: 1376

Age Group: M20

Place Age Group: 311

Time (iliquid): 3:51:14

Pace: 0:05:27

Time (liquid): 3:49:15

Check-Point nº 1 - 5k: 0:25:43

Check-Point nº 2 - 10k: 0:49:16

Check-Point nº 3 - 15k: 1:13:18

Check-Point nº 4 - 19.4k: 1:34:14

Check-Point nº 5 - 20k: 1:37:07

Check-Point nº 6 - 20.2k: 1:38:00

Check-Point nº 7 - MM: 1:42:32

Check-Point nº 8 - 25k: 2:01:36

Check-Point nº 9 - 25.2k: 2:02:32

Check-Point nº 10 - 30k: 2:27:48

Check-Point nº 11 - 35k: 3:01:50

Check-Point nº 12 - 40k: 3:37:03

Check-Point nº 13 - 41.1k: 3:45:21