



**YOU WILL NEVER RUN ALONE**

Diploma

**JOAO PAULO FERNANDES DA SILVA**

Race number: 7619 | Gender: M

Nationality: PORTUGAL

Club:

Place: 543

Age Group: M45

Place Age Group: 91

Time (iliquid): 3:24:59

Pace: 0:04:51

Time (liquid): 3:23:42

Check-Point nº 1 - 5k: 0:24:00

Check-Point nº 2 - 10k: 0:46:43

Check-Point nº 3 - 15k: 1:09:06

Check-Point nº 4 - 19.4k: 1:28:48

Check-Point nº 5 - 20k: 1:31:31

Check-Point nº 6 - 20.2k: 1:32:17

Check-Point nº 7 - MM: 1:36:27

Check-Point nº 8 - 25k: 1:54:16

Check-Point nº 9 - 25.2k: 1:55:02

Check-Point nº 10 - 30k: 2:17:52

Check-Point nº 11 - 35k: 2:44:54

Check-Point nº 12 - 40k: 3:12:18

Check-Point nº 13 - 41.1k: 3:19:00