



YOU WILL NEVER RUN ALONE

Diploma

SPYROS ZISIMOPOULOS

Race number: 8639 | Gender: M

Nationality: GREECE

Club:

Place: 2032

Age Group: M20

Place Age Group: 454

Time (iliquid): 4:10:12

Pace: 0:05:55

Time (liquid): 4:09:05

Check-Point nº 1 - 5k: 0:30:03

Check-Point nº 2 - 10k: 0:58:22

Check-Point nº 3 - 15k: 1:26:14

Check-Point nº 4 - 19.4k: 1:50:49

Check-Point nº 5 - 20k: 1:54:14

Check-Point nº 6 - 20.2k: 1:55:17

Check-Point nº 7 - MM: 2:00:24

Check-Point nº 8 - 25k: 2:22:04

Check-Point nº 9 - 25.2k: 2:23:10

Check-Point nº 10 - 30k: 2:50:48

Check-Point nº 11 - 35k: 3:20:44

Check-Point nº 12 - 40k: 3:56:24

Check-Point nº 13 - 41.1k: 4:04:18