



**YOU WILL NEVER RUN ALONE**

Diploma

**MIGUEL NOGUEIRA**

Race number: 1254 | Gender: M

Nationality: PORTUGAL

Club:

Place: 284

Age Group: M40

Place Age Group: 56

Time (iliquid): 3:11:05

Pace: 0:04:32

Time (liquid): 3:10:57

Check-Point nº 1 - 5k: 0:21:27

Check-Point nº 2 - 10k: 0:42:56

Check-Point nº 3 - 15k: 1:04:22

Check-Point nº 4 - 19.4k: 1:23:47

Check-Point nº 5 - 20k: 1:26:27

Check-Point nº 6 - 20.2k: 1:27:12

Check-Point nº 7 - MM: 1:31:17

Check-Point nº 8 - 25k: 1:49:10

Check-Point nº 9 - 25.2k: 1:49:57

Check-Point nº 10 - 30k: 2:12:39

Check-Point nº 11 - 35k: 2:36:16

Check-Point nº 12 - 40k: 5:18:25

Check-Point nº 13 - 41.1k: 3:06:39