



YOU WILL NEVER RUN ALONE

Diploma

JOHN DEBONO

Race number: 3587 | Gender: M

Nationality: MALTA

Club: GREEN FOX RUNNERS

Place: 2035

Age Group: M55

Place Age Group: 113

Time (iliquid): 4:10:47

Pace: 0:05:44

Time (liquid): 4:01:10

Check-Point nº 1 - 5k: 0:35:47

Check-Point nº 2 - 10k: 1:02:38

Check-Point nº 3 - 15k: 1:29:41

Check-Point nº 4 - 19.4k: 1:53:46

Check-Point nº 5 - 20k: 1:57:11

Check-Point nº 6 - 20.2k: 1:58:21

Check-Point nº 7 - MM: 2:03:17

Check-Point nº 8 - 25k: 2:25:19

Check-Point nº 9 - 25.2k: 2:26:21

Check-Point nº 10 - 30k: 2:54:43

Check-Point nº 11 - 35k: 3:25:04

Check-Point nº 12 - 40k: 3:57:36

Check-Point nº 13 - 41.1k: 4:05:02