



**YOU WILL NEVER RUN ALONE**

Diploma

**NUNO COSTA**

Race number: 1200 | Gender: M

Nationality: PORTUGAL

Club:

Place: 172

Age Group: M40

Place Age Group: 30

Time (iliquid): 3:00:19

Pace: 0:04:17

Time (liquid): 3:00:01

Check-Point nº 1 - 5k: 0:20:10

Check-Point nº 2 - 10k: 0:40:26

Check-Point nº 3 - 15k: 1:00:53

Check-Point nº 4 - 19.4k: 1:18:48

Check-Point nº 5 - 20k: 1:21:19

Check-Point nº 6 - 20.2k: 1:22:02

Check-Point nº 7 - MM: 1:25:53

Check-Point nº 8 - 25k: 1:42:25

Check-Point nº 9 - 25.2k: 1:43:09

Check-Point nº 10 - 30k: 2:04:33

Check-Point nº 11 - 35k: 2:26:19

Check-Point nº 12 - 40k: 2:50:26

Check-Point nº 13 - 41.1k: 2:55:44