



YOU WILL NEVER RUN ALONE

Diploma

PAULO MIRANDA

Race number: 1221 | Gender: M

Nationality: PORTUGAL

Club:

Place: 1054

Age Group: M20

Place Age Group: 235

Time (iliquid): 3:42:45

Pace: 0:05:17

Time (liquid): 3:42:12

Check-Point nº 1 - 5k: 0:25:27

Check-Point nº 2 - 10k: 0:49:43

Check-Point nº 3 - 15k: 1:13:55

Check-Point nº 4 - 19.4k: 1:34:59

Check-Point nº 5 - 20k: 1:37:54

Check-Point nº 6 - 20.2k: 1:38:42

Check-Point nº 7 - MM: 1:43:12

Check-Point nº 8 - 25k: 2:02:24

Check-Point nº 9 - 25.2k: 2:03:14

Check-Point nº 10 - 30k: 2:27:54

Check-Point nº 11 - 35k: 2:55:56

Check-Point nº 12 - 40k: 3:28:21

Check-Point nº 13 - 41.1k: 3:36:07