



**YOU WILL NEVER RUN ALONE**

Diploma

**CERDEIRA PAULO**

Race number: 248 | Gender: M  
Nationality: PORTUGAL  
Club: LIDL - LIDL - LIDL - RUNNING FAMILY

Place: 701      Age Group: M45      Place Age Group: 118

Time (iliquid): 3:30:55	Pace: 0:05:00	Time (liquid): 3:30:33
Check-Point nº 1 - 5k: 0:24:28	Check-Point nº 2 - 10k: 0:48:44	Check-Point nº 3 - 15k: 1:13:03
Check-Point nº 4 - 19.4k: 1:34:09	Check-Point nº 5 - 20k: 1:37:02	Check-Point nº 6 - 20.2k: 1:37:53
Check-Point nº 7 - MM: 1:42:23	Check-Point nº 8 - 25k: 2:01:39	Check-Point nº 9 - 25.2k: 2:02:34
Check-Point nº 10 - 30k: 2:26:23	Check-Point nº 11 - 35k: 2:51:38	Check-Point nº 12 - 40k: 3:18:50
Check-Point nº 13 - 41.1k: 3:25:36		