



YOU WILL NEVER RUN ALONE

Diploma

SHANNON LAM

Race number: 8921 | Gender: F

Nationality: SINGAPORE

Club:

Place: 2030

Age Group: F20

Place Age Group: 78

Time (iliquid): 4:10:11

Pace: 0:05:54

Time (liquid): 4:07:54

Check-Point nº 1 - 5k: 0:30:55

Check-Point nº 2 - 10k: 0:58:28

Check-Point nº 3 - 15k: 1:26:06

Check-Point nº 4 - 19.4k: 1:50:32

Check-Point nº 5 - 20k: 1:53:57

Check-Point nº 6 - 20.2k: 1:55:04

Check-Point nº 7 - MM: 2:00:12

Check-Point nº 8 - 25k: 2:22:38

Check-Point nº 9 - 25.2k: 2:23:42

Check-Point nº 10 - 30k: 2:52:49

Check-Point nº 11 - 35k: 3:25:02

Check-Point nº 12 - 40k: 3:57:18

Check-Point nº 13 - 41.1k: 4:04:25