



YOU WILL NEVER RUN ALONE

Diploma

ANABELA VINHA

Race number: 7708 | Gender: F
Nationality: PORTUGAL
Club: GDRC PONTERROLENSE

Place: 733 Age Group: F40 Place Age Group: 10

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|------------------------------------|----------------------------------|-----------------------------------|
| Time (iliquid): 3:32:27 | Pace: 0:05:03 | Time (liquid): 3:32:17 |
| Check-Point nº 1 - 5k: 0:23:26 | Check-Point nº 2 - 10k: 0:46:20 | Check-Point nº 3 - 15k: 1:09:26 |
| Check-Point nº 4 - 19.4k: 1:30:07 | Check-Point nº 5 - 20k: 1:32:57 | Check-Point nº 6 - 20.2k: 1:33:45 |
| Check-Point nº 7 - MM: 1:38:13 | Check-Point nº 8 - 25k: 1:57:55 | Check-Point nº 9 - 25.2k: 1:58:49 |
| Check-Point nº 10 - 30k: 2:24:15 | Check-Point nº 11 - 35k: 2:51:34 | Check-Point nº 12 - 40k: 3:20:17 |
| Check-Point nº 13 - 41.1k: 3:26:51 | | |