



YOU WILL NEVER RUN ALONE

Diploma

FRANCISCO MORAIS

Race number: 7712 | Gender: M
Nationality: PORTUGAL
Club: A. D. ACTIVE RUNNING

Place: 343 Age Group: M45 Place Age Group: 58

Time (iliquid): 3:14:36	Pace: 0:04:37	Time (liquid): 3:14:29
Check-Point nº 1 - 5k: 0:22:51	Check-Point nº 2 - 10k: 0:45:47	Check-Point nº 3 - 15k: 1:08:41
Check-Point nº 4 - 19.4k: 1:28:50	Check-Point nº 5 - 20k: 1:31:38	Check-Point nº 6 - 20.2k: 1:32:26
Check-Point nº 7 - MM: 1:36:39	Check-Point nº 8 - 25k: 1:54:38	Check-Point nº 9 - 25.2k: 1:55:27
Check-Point nº 10 - 30k: 2:17:36	Check-Point nº 11 - 35k: 2:40:46	Check-Point nº 12 - 40k: 3:04:27
Check-Point nº 13 - 41.1k: 3:09:47		