



YOU WILL NEVER RUN ALONE

Diploma

EMANUEL FREITAS

Race number: 1385 | Gender: M
Nationality: PORTUGAL
Club: EDP C

Place: 510 Age Group: M40 Place Age Group: 105

Time (iliquid): 3:23:35	Pace: 0:04:49	Time (liquid): 3:22:37
Check-Point nº 1 - 5k: 0:24:32	Check-Point nº 2 - 10k: 0:47:35	Check-Point nº 3 - 15k: 1:10:58
Check-Point nº 4 - 19.4k: 1:31:25	Check-Point nº 5 - 20k: 1:34:11	Check-Point nº 6 - 20.2k: 1:35:02
Check-Point nº 7 - MM: 1:39:20	Check-Point nº 8 - 25k: 1:57:40	Check-Point nº 9 - 25.2k: 1:58:31
Check-Point nº 10 - 30k: 2:22:03	Check-Point nº 11 - 35k: 2:46:20	Check-Point nº 12 - 40k: 3:12:06
Check-Point nº 13 - 41.1k: 3:18:30		