



**YOU WILL NEVER RUN ALONE**

Diploma

**MÁRCIO LOURENÇO SILVA**

Race number: 1389 | Gender: M  
Nationality: PORTUGAL  
Club: EDP C

Place: 183      Age Group: M20      Place Age Group: 54

Time (iliquid): 3:02:13	Pace: 0:04:19	Time (liquid): 3:01:57
Check-Point nº 1 - 5k: 0:21:20	Check-Point nº 2 - 10k: 0:42:40	Check-Point nº 3 - 15k: 1:03:53
Check-Point nº 4 - 19.4k: 1:22:45	Check-Point nº 5 - 20k: 1:25:22	Check-Point nº 6 - 20.2k: 1:26:04
Check-Point nº 7 - MM: 1:29:58	Check-Point nº 8 - 25k: 1:46:46	Check-Point nº 9 - 25.2k: 1:47:27
Check-Point nº 10 - 30k: 2:08:02	Check-Point nº 11 - 35k: 2:28:47	Check-Point nº 12 - 40k: 2:51:16
Check-Point nº 13 - 41.1k: 2:56:56		