



YOU WILL NEVER RUN ALONE

Diploma

PAULO ANTONIO ALCOBIA SILVA

Race number: 1436 | Gender: M
Nationality: PORTUGAL
Club: EDP C

Place: 1083 Age Group: M55 Place Age Group: 56

Time (iliquid): 3:43:18	Pace: 0:05:17	Time (liquid): 3:42:30
Check-Point nº 1 - 5k: 0:23:34	Check-Point nº 2 - 10k: 0:46:22	Check-Point nº 3 - 15k: 1:09:26
Check-Point nº 4 - 19.4k: 1:30:13	Check-Point nº 5 - 20k: 1:33:11	Check-Point nº 6 - 20.2k: 1:34:02
Check-Point nº 7 - MM: 1:38:38	Check-Point nº 8 - 25k: 1:58:41	Check-Point nº 9 - 25.2k: 1:59:38
Check-Point nº 10 - 30k: 2:26:19	Check-Point nº 11 - 35k: 2:56:29	Check-Point nº 12 - 40k: 3:29:51
Check-Point nº 13 - 41.1k: 3:37:41		