



YOU WILL NEVER RUN ALONE

Diploma

GERSON LEMOS

Race number: 1439 | Gender: M
Nationality: PORTUGAL
Club: EDP C

Place: 1748 Age Group: M20 Place Age Group: 403

Time (iliquid): 4:00:34	Pace: 0:05:41	Time (liquid): 3:59:03
Check-Point nº 1 - 5k: 0:25:56	Check-Point nº 2 - 10k: 0:49:55	Check-Point nº 3 - 15k: 1:14:41
Check-Point nº 4 - 19.4k: 1:36:03	Check-Point nº 5 - 20k: 1:39:00	Check-Point nº 6 - 20.2k: 1:39:51
Check-Point nº 7 - MM: 1:44:20	Check-Point nº 8 - 25k: 2:03:44	Check-Point nº 9 - 25.2k: 2:04:35
Check-Point nº 10 - 30k: 2:31:17	Check-Point nº 11 - 35k: 3:01:41	Check-Point nº 12 - 40k: 3:40:32
Check-Point nº 13 - 41.1k: 3:51:59		