



YOU WILL NEVER RUN ALONE

Diploma

JOAQUIM PINTO

Race number: 1489 | Gender: M
Nationality: PORTUGAL
Club: RUNNING ESPINHO

Place: 2553 Age Group: M55 Place Age Group: 144

Time (iliquid): 4:28:17	Pace: 0:06:21	Time (liquid): 4:26:55
Check-Point nº 1 - 5k: 0:30:38	Check-Point nº 2 - 10k: 1:00:47	Check-Point nº 3 - 15k: 1:31:33
Check-Point nº 4 - 19.4k: 2:00:09	Check-Point nº 5 - 20k: 2:03:48	Check-Point nº 6 - 20.2k: 2:05:02
Check-Point nº 7 - MM: 2:10:49	Check-Point nº 8 - 25k: 2:35:25	Check-Point nº 9 - 25.2k: 2:36:36
Check-Point nº 10 - 30k: 3:09:08	Check-Point nº 11 - 35k: 3:42:11	Check-Point nº 12 - 40k: 4:14:43
Check-Point nº 13 - 41.1k: 4:21:59		