



**YOU WILL NEVER RUN ALONE**

Diploma

**RAUL FERREIRA**

Race number: 1508 | Gender: M

Nationality: PORTUGAL

Club:

Place: 105

Age Group: M40

Place Age Group: 19

Time (iliquid): 2:55:01

Pace: 0:04:09

Time (liquid): 2:54:58

Check-Point nº 1 - 5k: 0:19:55

Check-Point nº 2 - 10k: 0:39:27

Check-Point nº 3 - 15k: 0:59:08

Check-Point nº 4 - 19.4k: 1:16:36

Check-Point nº 5 - 20k: 1:18:57

Check-Point nº 6 - 20.2k: 1:19:37

Check-Point nº 7 - MM: 1:23:16

Check-Point nº 8 - 25k: 1:38:52

Check-Point nº 9 - 25.2k: 1:39:33

Check-Point nº 10 - 30k: 1:59:58

Check-Point nº 11 - 35k: 2:21:23

Check-Point nº 12 - 40k: 2:44:38

Check-Point nº 13 - 41.1k: 2:49:58