



**YOU WILL NEVER RUN ALONE**

Diploma

**ADELINO FERNANDES**

Race number: 1645 | Gender: M  
Nationality: PORTUGAL  
Club: ACVSM

Place: 152      Age Group: M60      Place Age Group: 3

Time (iliquid): 2:59:22	Pace: 0:04:16	Time (liquid): 2:59:20
Check-Point nº 1 - 5k: 0:20:00	Check-Point nº 2 - 10k: 0:40:11	Check-Point nº 3 - 15k: 1:00:37
Check-Point nº 4 - 19.4k: 1:18:47	Check-Point nº 5 - 20k: 1:21:19	Check-Point nº 6 - 20.2k: 1:22:01
Check-Point nº 7 - MM: 1:25:55	Check-Point nº 8 - 25k: 1:42:54	Check-Point nº 9 - 25.2k: 1:43:39
Check-Point nº 10 - 30k: 2:05:18	Check-Point nº 11 - 35k: 2:26:52	Check-Point nº 12 - 40k: 2:49:41
Check-Point nº 13 - 41.1k: 2:54:50		