



YOU WILL NEVER RUN ALONE

Diploma

CARLA HENRIQUES

Race number: 1666 | Gender: F
Nationality: PORTUGAL
Club: AVG

Place: 1217 Age Group: F45 Place Age Group: 16

Time (iliquid): 3:46:10	Pace: 0:05:22	Time (liquid): 3:46:00
Check-Point nº 1 - 5k: 0:25:48	Check-Point nº 2 - 10k: 0:51:13	Check-Point nº 3 - 15k: 1:17:00
Check-Point nº 4 - 19.4k: 1:39:34	Check-Point nº 5 - 20k: 1:42:41	Check-Point nº 6 - 20.2k: 1:43:38
Check-Point nº 7 - MM: 1:48:31	Check-Point nº 8 - 25k: 2:09:37	Check-Point nº 9 - 25.2k: 2:10:38
Check-Point nº 10 - 30k: 2:37:06	Check-Point nº 11 - 35k: 3:04:54	Check-Point nº 12 - 40k: 3:33:35
Check-Point nº 13 - 41.1k: 3:40:18		