



**YOU WILL NEVER RUN ALONE**

Diploma

**MARK MACEDO**

Race number: 1710 | Gender: M

Nationality: PORTUGAL

Club: CFOD

Place: 65

Age Group: M40

Place Age Group: 11

Time (iliquid): 2:48:15

Pace: 0:04:00

Time (liquid): 2:48:12

Check-Point nº 1 - 5k: 0:17:37

Check-Point nº 2 - 10k: 0:35:35

Check-Point nº 3 - 15k: 0:54:28

Check-Point nº 4 - 19.4k: 1:11:10

Check-Point nº 5 - 20k: 1:13:31

Check-Point nº 6 - 20.2k: 1:14:11

Check-Point nº 7 - MM: 1:17:49

Check-Point nº 8 - 25k: 1:33:35

Check-Point nº 9 - 25.2k: 1:34:18

Check-Point nº 10 - 30k: 1:54:35

Check-Point nº 11 - 35k: 2:15:41

Check-Point nº 12 - 40k: 2:37:52

Check-Point nº 13 - 41.1k: 2:43:17