



**YOU WILL NEVER RUN ALONE**

Diploma

**JOSÉ DIAS**

Race number: 1764 | Gender: M

Nationality: PORTUGAL

Club: IND

Place: 1167

Age Group: M60

Place Age Group: 31

Time (iliquid): 3:45:08

Pace: 0:05:21

Time (liquid): 3:44:59

Check-Point nº 1 - 5k: 0:23:34

Check-Point nº 2 - 10k: 0:46:42

Check-Point nº 3 - 15k: 1:10:04

Check-Point nº 4 - 19.4k: 1:31:19

Check-Point nº 5 - 20k: 1:34:10

Check-Point nº 6 - 20.2k: 1:35:01

Check-Point nº 7 - MM: 1:39:34

Check-Point nº 8 - 25k: 1:59:25

Check-Point nº 9 - 25.2k: 2:00:26

Check-Point nº 10 - 30k: 2:25:58

Check-Point nº 11 - 35k: 2:56:54

Check-Point nº 12 - 40k: 3:33:10

Check-Point nº 13 - 41.1k: 3:39:46