



YOU WILL NEVER RUN ALONE

Diploma

JOÃO BOGALHEIRO

Race number: 1778 | Gender: M
Nationality: PORTUGAL
Club: NAZA

Place: 195 Age Group: M50 Place Age Group: 20

Time (iliquid): 3:03:56	Pace: 0:04:22	Time (liquid): 3:03:50
Check-Point nº 1 - 5k: 0:21:19	Check-Point nº 2 - 10k: 0:42:40	Check-Point nº 3 - 15k: 1:03:53
Check-Point nº 4 - 19.4k: 1:22:44	Check-Point nº 5 - 20k: 1:25:20	Check-Point nº 6 - 20.2k: 1:26:04
Check-Point nº 7 - MM: 1:29:58	Check-Point nº 8 - 25k: 1:46:44	Check-Point nº 9 - 25.2k: 1:47:26
Check-Point nº 10 - 30k: 2:08:05	Check-Point nº 11 - 35k: 2:29:48	Check-Point nº 12 - 40k: 2:52:57
Check-Point nº 13 - 41.1k: 2:58:40		