



YOU WILL NEVER RUN ALONE

Diploma

LAURENS FLAMEN

Race number: 1536 | Gender: M

Nationality: BELGIUM

Club:

Place: 308

Age Group: M20

Place Age Group: 78

Time (iliquid): 3:12:57

Pace: 0:04:35

Time (liquid): 3:12:41

Check-Point nº 1 - 5k: 0:23:20

Check-Point nº 2 - 10k: 0:46:19

Check-Point nº 3 - 15k: 1:09:33

Check-Point nº 4 - 19.4k: 1:30:11

Check-Point nº 5 - 20k: 1:32:58

Check-Point nº 6 - 20.2k: 1:33:45

Check-Point nº 7 - MM: 1:37:55

Check-Point nº 8 - 25k: 1:55:42

Check-Point nº 9 - 25.2k: 1:56:28

Check-Point nº 10 - 30k: 2:18:29

Check-Point nº 11 - 35k: 2:41:02

Check-Point nº 12 - 40k: 3:03:47

Check-Point nº 13 - 41.1k: 3:08:40