



**YOU WILL NEVER RUN ALONE**

Diploma

**RICARDO CARVALHO**

Race number: 654 | Gender: M

Nationality: PORTUGAL

Club:

Place: 256

Age Group: M40

Place Age Group: 53

Time (iliquid): 3:09:14

Pace: 0:04:29

Time (liquid): 3:08:34

Check-Point nº 1 - 5k: 0:23:42

Check-Point nº 2 - 10k: 0:44:48

Check-Point nº 3 - 15k: 1:06:07

Check-Point nº 4 - 19.4k: 1:25:03

Check-Point nº 5 - 20k: 1:27:43

Check-Point nº 6 - 20.2k: 1:28:27

Check-Point nº 7 - MM: 1:32:22

Check-Point nº 8 - 25k: 1:49:25

Check-Point nº 9 - 25.2k: 1:50:14

Check-Point nº 10 - 30k: None

Check-Point nº 11 - 35k: 2:33:59

Check-Point nº 12 - 40k: 2:57:34

Check-Point nº 13 - 41.1k: 3:03:37