



MARATONA DE PORTUGAL



18ª Maratona do Porto

• 06 NOV 2022 •



maratonadoporto.com

Diploma

PALMIRA QUINHAMA

Race number: 803 | Gender: F

Nationality: PORTUGAL

Club: 7COLINASRUNNERS BY EVADICT

Place: 373

Age Group: F40

Place Age Group: 3

Time (iliquid): 3:19:23

Pace: 0:04:44

Time (liquid): 3:19:01

Check-Point nº 1 - 10K: 0:44:35

Check-Point nº 2 - 19.4K: 1:26:48

Check-Point nº 3 - 20K: 1:29:34

Check-Point nº 4 - 20.2K: 1:30:24

Check-Point nº 5 - MM: 1:34:16

Check-Point nº 6 - 30K: 2:18:27

Check-Point nº 7 - 40K: 3:08:34

Check-Point nº 8 - 41.1K: 3:14:29

