



YOU WILL NEVER RUN ALONE

Diploma

JOSÉ MACHADO

Race number: 579 | Gender: M

Nationality: PORTUGAL

Club:

Place: 1239

Age Group: M45

Place Age Group: 205

Time (iliquid): 3:47:18

Pace: 0:05:22

Time (liquid): 3:45:45

Check-Point nº 1 - 5k: 0:26:18

Check-Point nº 2 - 10k: 0:50:21

Check-Point nº 3 - 15k: 1:14:40

Check-Point nº 4 - 19.4k: 1:36:35

Check-Point nº 5 - 20k: 1:39:36

Check-Point nº 6 - 20.2k: 1:40:32

Check-Point nº 7 - MM: 1:45:17

Check-Point nº 8 - 25k: 2:05:09

Check-Point nº 9 - 25.2k: 2:06:02

Check-Point nº 10 - 30k: 2:32:00

Check-Point nº 11 - 35k: 3:00:27

Check-Point nº 12 - 40k: 3:33:39

Check-Point nº 13 - 41.1k: 3:41:30