



YOU WILL NEVER RUN ALONE

Diploma

JOEL MARQUES

Race number: 5516 | Gender: M

Nationality: PORTUGAL

Club:

Place: 1870

Age Group: M45

Place Age Group: 290

Time (iliquid): 4:03:56

Pace: 0:05:45

Time (liquid): 4:02:00

Check-Point nº 1 - 5k: 0:29:35

Check-Point nº 2 - 10k: 0:55:58

Check-Point nº 3 - 15k: 1:22:59

Check-Point nº 4 - 19.4k: 1:45:11

Check-Point nº 5 - 20k: 1:48:21

Check-Point nº 6 - 20.2k: 1:49:17

Check-Point nº 7 - MM: 1:53:59

Check-Point nº 8 - 25k: 2:14:24

Check-Point nº 9 - 25.2k: 2:15:20

Check-Point nº 10 - 30k: 2:42:23

Check-Point nº 11 - 35k: 3:12:26

Check-Point nº 12 - 40k: 3:49:00

Check-Point nº 13 - 41.1k: 3:58:14

